

COVID-19 RESPONSE

FOUR MONTHS OF ACTION

Since a state of emergency was declared by the City of Ottawa on March 25, the Meals on Wheels service became even more essential than ever. We are grateful to the volunteers who have stepped up in this time of crisis to ensure isolated seniors and adults with disabilities continue to receive nutritious meals and a caring contact. Below are some results from four months of action heading into the month of August.

MEALS ON
WHEELS



LA POPOTE
ROULANTE

OTTAWA

80%

active volunteers lost at the onset of COVID-19

As Ottawa enters Stage 3 of reopening, many volunteers are returning to work and school. We continue to recruit new volunteers to fill this gap.

new volunteers virtually trained

152

During this period, volunteers went on an average of 15 daily weekday delivery routes, checked in with clients by phone, and helped coordinate meal distribution.

**3,976
volunteer
hours
logged**



“ My motivation to volunteer is to help others stay safe at home just like my family and I are able to. ”

~ Daven H.

Meals on Wheels volunteer

“ The pandemic has changed how we live, think and feel. Volunteering has helped reduce my feelings of isolation and helplessness. ”

~ Veronique P.

Meals on Wheels volunteer