

# COVID-19 RESPONSE

## FOUR MONTHS OF ACTION

Since a state of emergency was declared by the City of Ottawa on March 25, Meals on Wheels has been continuously monitoring and adjusting meal delivery protocols for the health and safety of clients, volunteers, staff, and the community. During a time when many were told to stay home, we ensured the continuity of our essential service for seniors and adults with disabilities.

Below are some results from four months of action heading into the month of August.

MEALS ON  
WHEELS



LA POPOTE  
ROULANTE

OTTAWA



To reduce face to face interactions and the spread of germs, many clients switched from daily hot meals to weekly bulk frozen meals. In total, 8,384 hot meals and 29,666 frozen meals were delivered. As Ottawa enters Stage 3 of reopening, clients who prefer hot meals are returning to this service.

We receive a constant flow of new clients who are referred by other health organizations or who register on their own. During this period, we registered 407 new clients.



“ The volunteers are very nice and I enjoy our conversations. Physical distancing is always respected. ”  
~ Meals on Wheels Client

“ Meals on Wheels helps those who can not go outside to stay alive. ”  
~ Meals on Wheels Client