



Apetito frozen entrée = \$6.20 soup = \$2.80 dessert = \$2.80 snack = \$2.80

Package of 7 entrées OR 5 entrées and 5 soups or desserts = \$41.15

POULTRY ENTRÉES	BEEF ENTRÉES	FISH ENTRÉES	REGULAR DESSERTS
12001 ___ Chicken à la King	12005 ___ Macaroni Meat Casserole	12003 ___ Fish Florentine ♦	<i>Not Suitable for Diabetics</i>
12032 ___ Country Chicken	12008 ___ Beef Stew ♦	12013 ___ Fish & Chips	14008 ___ Butter Tart
12057 ___ Breaded Chicken Breast	12017 ___ Salisbury Steak	12018 ___ Tuna Pasta Casserole ●	14009 ___ Carrot Cake
12078 ___ Chicken Cacciatore ♦	12046 ___ Chopped Swiss Steak ♦	12063 ___ Salmon in Lemon Sauce	14015 ___ Cherry Cheesecake ●
12090 ___ Roast Chicken Thigh	12062 ___ Meatloaf with Mushroom Gravy ♦	12119 ___ Asian Glazed Salmon ♦	14017 ___ Chocolate Brownie
12094 ___ Lemon Chicken ♦	12087 ___ Liver & Onions	12134 ___ Fish Cakes	14026 ___ Cherry Streusel
12113 ___ Breaded Chicken Fingers	12092 ___ Meat Lasagna		14056 ___ Lemon Tart
12114 ___ General Tso's Chicken	12108 ___ Shepherd's Pie ♦		14058 ___ Banana Cake
12116 ___ Chicken Stew	12109 ___ Italian-style Breaded Veal ♦		14077 ___ Pecan Pie
12124 ___ Chicken & Broccoli Cheese Sauce	12111 ___ Spaghetti Bolognese		14080 ___ Raspberry Tart
12127 ___ Turkey Chili ♦	12118 ___ Steak & Mushroom Pie ♦		14092 ___ Strawberry Shortcake
12135 ___ Chicken Pot Pie	12125 ___ Meatballs in Gravy		14093 ___ Lemon Layer Cake
12139 ___ Sweet & Sour Chicken	12130 ___ Beef Stroganoff ♦		14094 ___ Chocolate Fudge Cake
12142 ___ Chicken with Mushroom Gravy ♦	12132 ___ Sliced Beef & Onion Gravy ♦		14095 ___ Sticky Toffee Pudding
12148 ___ Chicken with Honey BBQ Sauce	12146 ___ Meatballs and Peppers		14096 ___ Orange Layer Cake
12159 ___ Chicken Florentine Penne	12150 ___ Sliced Beef with Mushroom Gravy		
12163 ___ Chicken Curry	12157 ___ Steak and Potato Stew		
12168 ___ Turkey with Stuffing ♦			
12175 ___ Chicken with Tangy BBQ Sauce ●			
	VEGETARIAN ENTRÉES	REGULAR SOUPS	LOW SUGAR DESSERTS
	10007 ___ Vegetarian Pasta Primavera	93007 ___ Beef Barley	09011 ___ Chocolate Mousse
	10047 ___ Cheese Omelet	93012 ___ Cream of Cauliflower	09021 ___ Strawberry Mousse ♦
	10060 ___ Vegetarian Stew	93022 ___ Rice and Turkey ♦	09041 ___ Tangerine Mousse ♦
	10062 ___ Vegetarian Chili	93023 ___ Cream of Tomato ♦	14011 ___ Apple Crisp ♦
	12021 ___ Vegetable Lasagna	93025 ___ Beef & Vegetable	14012 ___ Peach Cobbler
	12079 ___ Macaroni & Cheese	93030 ___ Carrot	14013 ___ Rice Pudding ♦
	12131 ___ Chana Masala ♦	93032 ___ Cream of Mushroom	14014 ___ Cherry Cobbler
	12137 ___ Vegetarian Tofu Stew ♦	93033 ___ Split Pea & Ham	14016 ___ Fruit Cocktail ♦
	12153 ___ Broccoli, Mushroom and Rice Casserole	93036 ___ Cream of Potato & Leek	14076 ___ Cheesecake
	12155 ___ Tofu Teriyaki	93039 ___ Broccoli ●	14313 ___ Blueberry Cake
	12158 ___ Spaghetti with Tomato Sauce	93051 ___ Chicken & Vegetable ●	
	12176 ___ Scrambled Eggs & Home Fries ●	93063 ___ Squash	
		93352 ___ Tomato Lentil	
		93354 ___ Minestrone ♦	
		93355 ___ Chicken Noodle	
		93356 ___ Country Vegetable ♦	
		THICKENED SOUPS	
		13053 ___ Broccoli	
		13054 ___ Carrot	
		13055 ___ Cauliflower	
		13056 ___ Chicken Noodle	
		13057 ___ Mushroom	
		13058 ___ Tomato Beef	

♦ = Suitable for Low Sodium Diets ● = New Code

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<p>SPECIAL DIET ♦ <i>Renal, Gluten Free, Lactose-Free, Low Sodium</i></p> <p>10012 ___ Apple Pork ♦ 10017 ___ Beef & Vegetable Casserole ♦ 10018 ___ Herbed Fish ♦ 10020 ___ Hawaiian Chicken ♦ 10021 ___ Turkey with Gravy ♦ 10033 ___ Chicken with Gravy ♦ 10054 ___ Pot Roast Beef ♦</p> <p>GLUTEN FREE</p> <p>10063 ___ Vegetarian Dhal 12141 ___ Chicken w/ Cheddar & Bacon 12164 ___ Traditional Pot Roast ♦ 12165 ___ Creamy Ranch Chicken 12167 ___ Lemon Herb Fish</p> <p>BREAKFAST SNACKS <i>Choose 1 juice + 1 starch</i></p> <p>07085 ___ Orange Juice ♦ 07086 ___ Apple Juice ♦ 08018 ___ Carrot Muffin 08009 ___ Raisin Bran Muffin 94000 ___ Cream of Wheat Cereal ♦ 94001 ___ Oatmeal Cereal ♦</p>	<p>PUREED</p> <p>16001 ___ Chicken à la King 16002 ___ Lasagna 16003 ___ Apple Braised Pork 16004 ___ Macaroni & Cheese 16005 ___ Shepherd's Pie 16006 ___ Turkey Dinner 16007 ___ Beef & Vegetable Casserole ♦ 16009 ___ Pot Roast Beef ♦ 16011 ___ Sweet & Sour Chicken 16016 ___ Meatloaf 16017 ___ Lemon Herb Fish 16018 ___ Chicken Cacciatore 16020 ___ Spaghetti Bolognese 16021 ___ Turkey Casserole 16023 ___ Creamed Salmon</p> <p>MINCED</p> <p>17001 ___ Beef Dinner 17002 ___ Apple Braised Pork ♦ 17003 ___ Ham 17004 ___ Chicken à la King ♦ 17005 ___ Turkey Dinner 17006 ___ Pesto Chicken 17009 ___ Pasta Primavera 17010 ___ Beef Stew ♦ 17012 ___ Honey Dijon Pork ♦ 17013 ___ Vegetarian Stew ♦ 17014 ___ Sweet & Sour Chicken</p>	TimeSaver Foods frozen entrée = \$7.75 Soup = \$4.35	
		<p></p> <p>CHICKEN DISHES</p> <p>501 ___ Butter Chicken 502 ___ Chicken Pot Pie 503 ___ Chicken Stew 505 ___ Pineapple Chicken 506 ___ Lemon Dill Chicken 507 ___ Harvest Chicken 533 ___ Bar-B-Q Chicken 536 ___ Chicken Souvlaki 540 ___ Mushroom Chicken 545 ___ Bowtie Pesto Chicken 560 ___ Chicken Creole</p> <p>BEEF DISHES</p> <p>509 ___ Cabbage Rolls 510 ___ Liver and Onions 511 ___ Honey Garlic Meatballs 512 ___ Beef Stew 513 ___ Roast Beef Dinner 514 ___ Shepherd's Pie 515 ___ Swiss Steak 516 ___ Swedish Meatballs 517 ___ Beef Stroganoff 519 ___ Meatloaf 520 ___ Lasagna 521 ___ Italian Casserole 522 ___ Spaghetti 529 ___ Hearty Chili 538 ___ Steak & Mushroom Pie</p>	<p>OTHER DISHES</p> <p>523 ___ Pork Tenderloin 525 ___ Turkey Dinner 527 ___ Dill Haddock 534 ___ Pulled Pork 535 ___ Maple Ham 541 ___ Salmon Fusion 543 ___ Mac 'n' Cheese 544 ___ Egg & Bacon Breakfast</p> <p>SOUPS</p> <p>401 ___ Beef Barley 402 ___ Chicken Noodle 403 ___ Vegetable 404 ___ Minestrone</p>
			
		♦ All TimeSaver entrées are suitable for Low Sodium Diets ● = New Code	
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